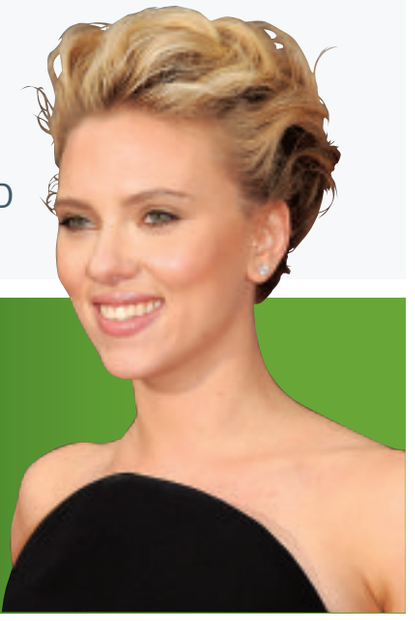
Debbie Reynolds: She's a survivor

At age 80, 'America's Sweetheart' reflects on a life of ups and downs, and what she says are keys to long-term success PAGE 13

'IT WAS DEVASTATING'

SCARLETT JOHANSSON OPENS UP ON HER DIVORCE — AND HER REBOUND RELATIONSHIP WITH SEAN PENN PAGE 7



REGIONAL metro®

Monday, April 16, 2012

News worth sharing.

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CAR CULTURE

PAGE 2

Clay Schweigert stands next to his 1957 Chevrolet 210 at the 46th Annual Majestic Car Show. Reginians love their cars and most of us drive to work, alone. Today, Metro starts a new series on Driving in Regina, what it means to you, your car and what the future holds. KIM JAY/FOR METRO

What's in a name?

Tribute. Saskatchewan has the only Canadian community named after the Titanic

A curious thing happened at the headquarters of Canada's postal system in 1912 following the sinking of the Titanic, according to a Regina-based author.

Bill Barry says dozens of requests poured into Ottawa from postmasters across the country asking for permission to change the names of their post offices to honour the stricken liner.

Barry says a little postal station named Mourney near Duck Lake, about 100 kilometres north of Saskatoon, was the first, which meant it got to be the only post office, and small hamlet, in the country named "Titanic."

"I've always found it a bit macabre that people wanted to celebrate this great disaster, but celebrate it they did," says Barry, who has written several books on place names in Saskatchewan.

"Apparently from the research that I did there were about 30 applications for the same thing that arrived at the postmasters office. But they went with Saskatchewan's because it was the first one that got there."

And it's not the only thing in Saskatchewan named after the ship, Barry says, noting there was also a Titanic School near Swift Current, in the province's southeast, that was named immediately after the sinking.

THE CANADIAN PRESS

MORE TITANIC COVERAGE, PAGE 3

Connect Four: The Movie?

With Battleship making the leap from games night to Hollywood, we take a look at what board-meets-screen adaptations could be next PAGE 6

Flyers fans flying high

Philadelphia Flyers have the momentum going into Game 4 of the first round. Can they smack down the Penguins on Wednesday night? PAGE 14

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1 NEWS

On the web

Super-fan suits up for playoffs

Canucks super-fan Towel Power Man Dave Preece can hardly walk down the street wearing his snazzy new suit jacket without someone stopping to take a picture of him as his Canucks super-fan alter-ego. Watch Towel Power Man in action at metronews.ca

May the odd be ever in your favour

The Hunger Games has been dominating the box office for weeks, so it's no surprise parodies of the blockbuster film are popping up all over YouTube. Check out The Hipster Games at metronews.ca

Mobile news

The terror trial of a man who confessed to killing 77 people in Norway starts Monday amid worries he will use the proceedings to spout his radical views. Scan the code for the story

Beating traffic: You, your car and driving in Regina

Traffic starts to get backed up on a busy evening on Victoria Avenue downtown. M E POWELL/ FOR METRO

Driving in the city, Part 1. Today Metro looks at Regina's Transportation Master Plan

M E POWELL
For Metro

Drivers love Regina.

About 83 per cent of city residents drive themselves to work. As many as 11 per cent of the working population live outside the city, and most drive into town to work each day.

With all that driving, it's not surprising that Regina roads get a good workout. Ongoing maintenance annoys drivers and costs the city some $31 million a year.

Now the city has hired the IBI Group of Toronto to do its first Transportation Master Plan, a long-range study to project future traffic growth and patterns. The estimated cost of the new plan is $800,000. The existing plan is some 20 years old and doesn't account for the population explosion of 2006 to 2011, when the city grew to 193,000 or more from about 180,000.

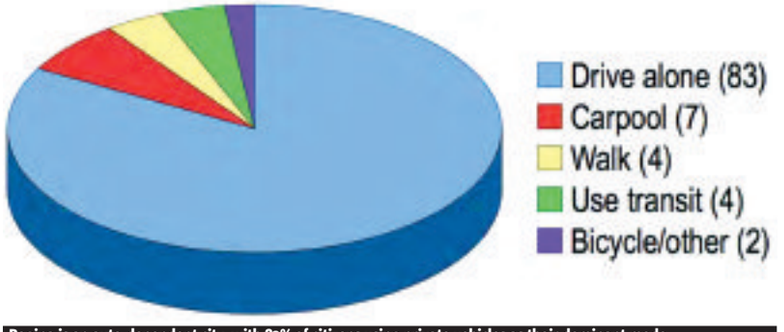
"It'll also be exploring just how people get around in Regina, not just by car but also by bus, foot, bike, sort of any other means available to them," says Shanie Leugner, manager of infrastructure development.

"Really, the objective is to try to get people to move around differently in the city, so that we can minimize the need to widen roads."

In a city where many residents have (or want) a two-car garage, that could be a tough sell. But planners want to present a few more options "that maybe don't involve just a single occupant in each vehicle," Leugner says.

And the city is looking for suggestions, she adds. "It might be things like investing more in our transit system and changing the way we deliver transit service. It could involve making sure there are more bicycle lanes, and making winter road maintenance along bicycle lanes a higher priority. At this point, we don't really know what the outcome may be.

"We don't believe that we'll change enough people's behaviours in order to eliminate the need for road widening," Leugner admits. "We're hoping that we can either minimize the number of roads that need to be widened, or delay it."



Regina is an auto-dependent city, with 83% of citizens using private vehicles as their dominant mode of commuting to work, Design Regina says.

No war on the car

Keeping Reginians moving

Four open houses beginning in late May will give the public a chance to voice their views, says project manager Sharla Cote. The Transportation Master Plan is being developed alongside the city's official Design Regina community plan. So far, it includes four main options: driving, walking, cycling and transit.

"The car is not the enemy here," Cote adds. "We need the car. But it's providing those options, giving people the choice within their comfort level to try these other options."

Over the next year, the consultant will study projected traffic growth and patterns, and recommend improvements to the network of roads that keep Reginians on the move.

M E POWELL/FOR METRO

International race

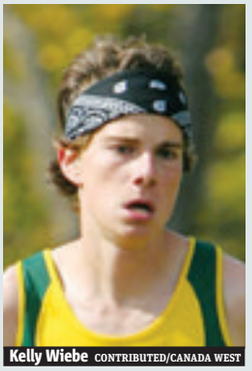
Regina athlete wins Vancouver Sun Run

Regina resident Kelly Wiebe won the men's elite category of the Vancouver Sun Run on Sunday. Wiebe's official time for completing the 10-kilometre race was 29:12, beating second-place finisher Kip Kangogo of Kenya.

Wiebe, 22, originally from Swift Current, is enrolled in engineering at the University of Regina and is a member of the school's track and field team. In 2011, for the third consecutive year, he took the gold medal in the Canada West 3,000-metre run.

Natasha Fraser of Port Moody, B.C., won the women's division of the Vancouver Sun Run with a time of 34:12. Kelly Smith, of Langley, B.C., won the men's wheelchair event and Anjali Forber-Pratt of the United States won the women's.

CARRIE-MAY SIGGINS/METRO



Kelly Wiebe CONTRIBUTED/CANADA WEST

Tragedy on the road

Man charged in fatal hit-and-run

A man faces charges after a hit-and-run accident took the life of a 17-year-old girl on Saturday. Jackan Muvula Davis, 22, of Regina, was arrested Saturday without incident.

Police responded at 3:03 a.m. on Saturday to a report of an injured person lying in the southbound lanes at Albert Street and 9th Avenue. EMS attended the victim and pronounced her dead at the scene. The preliminary investigation determined that the victim was walking across Albert Street with friends when she was struck by the southbound vehicle, which then fled the scene. The victim's name is being withheld at this time.

Police searched for the car and found it, and Davis, in northwest Regina. Charges laid include hit and run, dangerous operation of a motor vehicle causing death and breach of probation. CARRIE-MAY SIGGINS/METRO

Drugs. Reserve speaks out against addiction

Item number nine in the letter to members of the Cat Lake reserve from the children in Grade 6 is as blunt as it is painful.

"It hurts us and shoomis and kokum (grandpa and grandma) when you're doing drugs and you're not at home."

Northern Ontario's Cat Lake is the epicentre of prescription drug addiction in Canada. Community leaders figure that between 70 and 80 per cent of the adults are hooked on narcotic pain killers OxyContin or Percocets. Governments and local authorities are slowly gearing up to deal with the addiction that has slammed communities across the country, but especially First Nations.

THE CANADIAN PRESS

Exclusively online

To read the letter, go to metronews.ca

Prostitution. Secret Service scandal slammed

A Secret Service scandal involving prostitutes in Colombia that has overshadowed U.S. President Barack Obama's diplomatic mission in Latin America probably isn't an isolated incident, a leading House Republican said Sunday.

California Rep. Darrell Issa, chairman of a House investigative panel, said he wasn't certain whether Congress would hold hearings on the misconduct.

THE ASSOCIATED PRESS

Strained relations

16

Eleven Secret Service employees are on administrative leave for misconduct and five service members assigned to work with the agency are confined to quarters amid allegations that a group of personnel partied with prostitutes before Obama arrived in Colombia for the weekend summit with Latin American leaders.

Belfast looks back on Titanic with mixture of sorrow and pride

Centennial. Cities on both sides of the Atlantic commemorate the 100-year anniversary of the sinking of ship

As the 1912 disaster was commemorated around the world, the city that built the vessel — Belfast, Northern Ireland — looked back on the tragic sinking of Titanic with a distinctive mixture of sorrow and pride.

In the North Atlantic, passengers lined the decks of the MS Balmoral, a cruise ship that has been retracing the route of the doomed voyage, as the ship stopped early Sunday at the spot where the Titanic went down in the early hours of April 15, 1912.

Another cruise ship, Journey, which travelled from New York, also held a service at the site, about 650 kilometres off the coast of Newfoundland.

A century on, events around the globe marked a tragedy that retains its grip on the world's imagination.

Remembrance

People in Halifax gathered at a local cemetery Sunday to pay their respects to the victims of the Titanic sinking on the centennial of the disaster.

- One hundred and twenty-one people aboard the ill-fated ship were buried at Fairview Lawn Cemetery in Halifax.
- Twenty-nine others are buried at other cemeteries in the city.

In Belfast, a memorial monument was unveiled Sunday at a ceremony attended by local dignitaries, relatives of the dead and explorer Robert Ballard, who discovered the wreck of the Titanic on the ocean floor in 1985.

Remembrance ceremonies were also being held in the ship's departure port of Southampton, southern England — home to hundreds of Titanic crew who perished — and in Halifax, where about 150 victims of the tragedy are buried.

THE ASSOCIATED PRESS

Distant relatives of people who died on the Titanic disaster lay wreaths at the Titanic Memorial Plaque during the service at Belfast City Hall, Northern Ireland, Sunday. PETER MORRISON/THE ASSOCIATED PRESS

Casualties

Al-Qaida strikes in Yemen

Yemeni military officials say al-Qaida fighters trying to take control of a key southern town launched two attacks on residents, leaving a total of seven people dead, including two al-Qaida militants.

THE ASSOCIATED PRESS

Corruption charges

Iraqi PM criticized for detentions

Two Iraqi election officials facing corruption charges said Sunday they have been released on bail after a three-day detention that they said was designed to pressure the independent electoral body.

THE ASSOCIATED PRESS

Scathing attack

NDP slams Tories on food inspection

The Harper government's cuts to public service jobs are putting Canadians at risk, NDP Leader Tom Mulcair said, lashing out at the Conservatives for cutting food inspectors after people died from tainted meats.

THE CANADIAN PRESS

Uniquely Canadian

Signatures on the Charter fading

The papermakers chose the finest Manitoba flax, but nobody thought about the pens used to sign the Charter of Rights and Freedoms — the signatures that brought it into force are at risk of fading.

THE CANADIAN PRESS

The world in photos

1 Suicide bomber. Examining remains

An Afghan man examines the remains of a car after three suicide bombers were killed before they reached Jalalabad airport in Afghanistan on Sunday. The Taliban launched a series of coordinated attacks on at least seven sites. RAHMAT GUL/THE ASSOCIATED PRESS

2 Salute. Jong-un gives first speech

North Korean leader Kim Jong-un salutes during a mass military parade in Pyongyang to celebrate 100 years since the birth of the late North Korean founder Kim Il Sung on Sunday. THE ASSOCIATED PRESS/KYODO NEWS

3 Birthday. Benedict XVI turns 85

Pope Benedict XVI greets the faithful during the Regina Coeli prayer from his studio's window overlooking St. Peter's square at the Vatican, Sunday.

GREGORIO BORGIA/THE ASSOCIATED PRESS

4 Arrested. Activists' fly-in protest

Left wing Israeli activists are arrested by Israeli police as they demonstrate in favour of the 'Welcome to Palestine' fly-in protest on Sunday at the Ben Gurion Air Port near Tel Aviv, Israel. URIEL SINAI/GETTY IMAGES

5 French campaign. Sarkozy arrives

France's President and candidate for re-election, Nicolas Sarkozy, shakes hands as he arrives for a Paris campaign meeting, Sunday. MICHEL EULER, POOL/THE ASSOCIATED PRESS

Buying from a box. Retail kiosks gain momentum

A growing number of retailers are installing automated kiosks in the corners of their stores, hoping to drive product sales for DVD rentals or even iPads in a space once reserved for dust bunnies and trash bins.

It's a trend that's gaining momentum in Canada after several years of success in the United States, where everything from soap to live bait has been sold out of the automated dispensers.

Canadian businesses are taking a more conservative approach, choosing consumer favourites like DVD rentals to test the market, but creators of the kiosks are optimistic that this is just the start.

In Canada, all of the kiosk operators are private companies, so their revenues aren't made public, which makes it tough to determine whether Canadians are adopting the concept en masse. According to a report from Convergence Consulting Group, kiosks are just two per cent of the market in Canada.

Canadian Tire briefly tested the market with a handful of kiosks that sold clothing and accessories from its Mark's stores. One was placed at the highly trafficked Union Station transit hub in downtown Toronto, generating plenty of attention. But the kiosk didn't catch on and the retailer decided to retire the pilot project. THE CANADIAN PRESS

Market Minute

DOLLAR 100.16¢ (-0.39¢)

TSX 12,040.39 (-174.25)

OIL $102.83 US (-81¢)

GOLD $1,660.20 US (-$20.40)

Natural gas: $1.981 US (-0.2¢)
Dow Jones: 12,849.59 (-136.99)

Latin America splits with Canada, U.S. on Cuba

Summit. Allowing Cuba to participate may undercut democratic gains in the hemisphere, experts argue

Foreign policy

- The Conservative government is trying to revitalize its five-year-old Americas Strategy, a policy of focused engagement in the region.
- Harper will fly to Santiago at the close of the summit for an official visit to Chile.

Prime Minister Stephen Harper came to the Summit of the Americas with the goal of bolstering ties with the booming region, but left Sunday on a discordant note because of his government's stance on Cuba's participation.

Canada and the United States stood alone in balking at an agreement to allow Cuba to attend future summits. That disagreement, and a lack of consensus on backing Argentina's claim to the Falkland Islands, scuppered a final declaration from the 31 participating nations.

Even the summit host, Colombian President Juan Manuel Santos, declared it to be "unacceptable" that Cuba not attend the next meeting three years from now. Other major players, such as Argentina and Brazil, have echoed the sentiment.

Harper emphasized that Canada has reached out to Cuba, and does not agree with the American embargo of the country. But he said Canada is sticking with the summit principles that state that members must be democracies — an idea that originated under Liberal prime minister Jean Chretien during the Quebec City summit of 2001.

"While we don't support the position of isolating Cuba, we do believe that the Summit of the Americas should be restricted to democratic countries, and that Cuba should be encouraged to come as a democratic country in the future... and it's our contention that the Canadian policy is the way to get that kind of result rather than the policy pursued by our American friends," Harper told reporters.

What happens next is unclear. Santos said there would be a discussion on Cuba's participation at the summit three years from now, scheduled for Panama. THE CANADIAN PRESS

Prime Minister Stephen Harper arrives for the second day of meetings at the sixth Summit of the Americas in Cartagena, Colombia, on Sunday.
ADRIAN WYLD/THE CANADIAN PRESS

SALES REPRESENTATIVE

Metro Regina is seeking an individual to achieve regional targets for print & online and other performance metrics by developing new business.

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- Creatively negotiate rates
- Sell a portfolio of Metro branded products

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- Proficient in Microsoft Office applications
- Creative, efficient, flexible & detail oriented
- Strong verbal and written communication skills
- Proven track record in profitable selling

IInterested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than April 20, 2012. PLEASE QUOTE: "Sales Representative - Regina" in the subject line. All submissions will be treated as confidential.

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Reporting to the Sales/General Manager, Metro Regina, the right candidate will join Metro's dynamic and award winning Creative Services team. We're looking for an eager Graphic Designer whose portfolio and experience reflects that of print, online and mobile graphic design and who possesses a successful track record of the professional delivery of deadline driven projects in an extremely fast paced environment. The ideal candidate will also possess a good knowledge of print design and production, specifically for newspaper and magazine print advertising, and will have the skill set of an online graphic designer using web based media.

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- Quality assurance of design and layout prior to sending to clients
- Professional contact with internal and external clientele
- All other duties as assigned

REQUIREMENTS OF THE POSITION:
- Skilled in print, online and mobile graphic design and animation, comprehensive and complete software knowledge including, QuarkXPress, InDesign, Adobe Acrobat/Distiller, Flash, Photoshop, Illustrator, Image Ready and Dreamweaver
- Proficient on both PC and MAC platforms
- Knowledge in optimizing images for web and mobile (optimal file sizes, file formats etc) while maintaining small file sizes
- Basic understanding of HTML and CSS
- Ability to prep files for print production
- Expert in file stuffing (.sitx, .sit, .sea, .zip) and FTP experience
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive in a deadline driven, creative and dynamic environment with strong attention to detail (typography, copy, grammar, layout, images, colour etc)
- Ability to thrive under pressure in a fast paced, multi-faceted and deadline driven environment
- Must be a quick problem-solver, who initiates projects and who takes a pro-active/smart approach
- Post secondary degree or diploma in Web Design, Animation and/or Graphic Design
- A marketing background and/or work experience at an agency or in marketing would be an asset
- 2-3 years design experience within a newspaper environment

IInterested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than April 20, 2012. PLEASE QUOTE: "Graphic Designer - Regina" in the subject line. All submissions will be treated as confidential.

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Noteworthy

Miners keen to plunder Yukon wilderness

A mining boom that has turned Canada's North into the country's fastest growing economy is threatening a vast stretch of the Yukon that is one of the continent's last unspoiled wildernesses.

Central Yukon's Peel River watershed, a pristine region almost as big as New Brunswick, is just one of the natural treasures coveted by mining and oil and natural gas companies riding surging global commodity prices.

Demand for the mineral resources of the Yukon, the Northwest Territories and Nunavut is so strong, the Conference Board of Canada expects their economies to grow by an average 7 per cent in 2012 and 2013, "easily outpacing the Canadian average."

The hunger for resources from rapidly developing countries such as China and India are combining with a warming climate and new technology to draw mining, oil and natural gas companies farther north.

That trend isn't going to be short-lived, predicts the Conference Board, a privately funded economic and policy research agency.

"Over the past two years, new mines have reached the production stage in both territories, and more are scheduled to start up over the next decade.

From 2012 to 2025, mining's share of the Yukon and Nunavut economies will double."

After decades of struggling to thrive, the territories' governments, and many of their people, are eager to cash in on the resource bonanza.

But opponents insist the environment is too fragile, and the economic benefits too limited, to justify the inevitable damage to nature.

TORSTAR NEWS SERVICE

Weird news

Vietnamese police officer clings on to the windshield wipers of a moving bus as he goes for a wild ride for nearly a kilometre after the rogue driver tried to avoid a ticket in Hanoi. HANOI POLICE/THE ASSOCIATED PRESS

Hanging by a wiper

A Vietnamese traffic cop went on a wild ride in Hanoi, clinging to the windshield wipers of a moving bus for nearly a kilometre (0.6 mile) after the rogue driver tried to avoid a ticket, police said Friday.

Traffic police 2nd Lt. Nguyen Manh Phan ordered the bus driver to pull over the 39-seat passenger coach Monday, said a police officer in Ba Vi District outside Hanoi. The officer spoke on condition of anonymity, citing policy.

The driver allegedly refused to show his paperwork and drove off - but not before Phan leaped onto the front, he added. The officer said the bus reached a top speed of about 50 kilometres per hour.

A video shot by one of Phan's fellow police officers shows the officer trying to get his footing and dangling precariously from the moving bus as oncoming traffic whizzes past. Phan can be heard yelling, "Call the police!"

The driver, Phung Hong Phuong, eventually pulled over after being chased by police and residents.

Even with the bus stopped, Phan stood calmly in front of it, still hanging on to the wipers.

Phuong was arrested for allegedly acting against public officials, an offence that carries a maximum three-year prison sentence, the officer said. He previously served nearly four years in prison for a fatal traffic accident, and was released in 2010.

THE ASSOCIATED PRESS

Harlistas wave the flag

FRANKLIN REYES/THE ASSOCIATED PRESS

Straw at attention

Cubans celebrate Harley Davidson

Bikers participate in a competition to place a single straw in a row of bottles during Cuba's first national gathering in honour of the Harley Davidson motorcycle Saturday.

Cuban "hog" owners and enthusiasts gathered over the weekend in the tourist resort city of Varadero.

THE ASSOCIATED PRESS

Motorcycle mambo

Keeping 'hogs' on the street

Yaismer Escalona works on a Harley Davidson in Havana Friday.

Cuba's "Harlistas" are just as passionate as their American counterparts, but like the owners of rumbling 1950s Detroit classic cars that still prowl the streets of Havana, vintage Harley fans have had to get creative to keep their bikes roadworthy. THE ASSOCIATED PRESS

Metropolitan Panel

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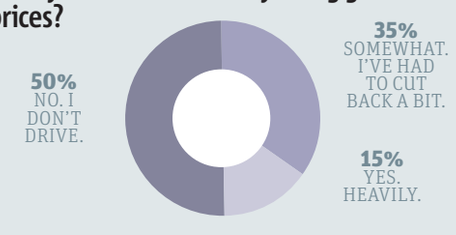
Have you been affected by rising gas prices?



Twitter

@WotherspoonT
Beautiful morning and run w Steph around Wascana, although weather is changing. Off to the FNUC Pow Wow. #regina #yqr

@BrettVero
I love Regina! #yqr http://yfrog.com/octdfuhj

@meka4mayor
A night to remember. Thank you my dear friends at the Regina Filipino SportsInc. #yqr — mo http://pic.twitter.com/EFlG80OU

@courosa
Off to Plymouth — via Toronto then London. (@ Regina International Airport (YQR)) http://4sq.com/HWPiyb

@alyssaVonT
We all hate, but #Regina actually is a fairly nice city if you're in the right places. #yqr

@rozzzoh
Regina is a small city, it's too busy for this small town girl. Excited to get home. I don't even like shopping anymore #identitycrisis #yqr

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2

SCENE

Box office

Fans still hungry for Games

The Hunger Games held off The Three Stooges to remain the No. 1 weekend movie. The Hunger Games stayed on top for a fourth-straight weekend with $21.5 million. Peter and Bobby Farrelly's slapstick update The Three Stooges opened in second place with $17.1 million. The acclaimed horror tale The Cabin in the Woods debuted in third place with $14.9 million.

THE ASSOCIATED PRESS

On the web

Ronnie Wood, members of The Faces donate band biography to newly opened Rock Hall archives

When board meets screen

Battleship, Milton Bradley's boredom, smiting, peg-in-board naval gazer, is being re-imagined as a $200 million intergalactic ship-sinking blockbuster, with Liam Neeson and Rihanna aboard. If Battleship floats at the box office, studios will be quick to green light a slew of board-meets-screen adaptation. We delved deep into the attic to dust off some rainy-day classics with the most cinematic potential.

MIKE DOJC
scene@metronews.ca

Hungry Hippos

Elevator pitch: Anaconda Meets The Constant Gardener

Plot: While in Botswana, a World Health Organization scientist accidentally stumbles upon a topical cure for male pattern baldness while milking a hippopotamus on a dare. In an attempt to amplify the affect, the hefty herbivores are shot full of bovine growth hormones, which messes with their eyesight causing them to see human heads as mouth-watering spheres of white chocolate.

Stars: Megan Fox, Danny McBride and Seth Rogen

Connect Four

Elevator pitch: Bob & Carol & Ted & Alice meets Wanderlust

Plot: Two couples meet while on vacation in Tuscany, have too much Pinot grigio one night and end up experimenting in spouse swapping. While their friendship persists, the inebriated dalliance leads to therapy for one duo and a temporary break-up for the other. Will moving into a beach house in Malibu help this criss-crossed foursome pick up the emotional pieces of their scattered hearts?

Stars: Mark Ruffalo, Zooey Deschanel, Dax Sheppard and Kristen Bell

Zooey Deschanel

SVW: Scrabble versus Words with Friends

Elevator Pitch: Freddy vs Jason Meets The Social Network

Plot: A friendly game of Scrabble between a mother and her daughter goes awry after mama scores a bingo with a-b-u-s-i-v-e. Seven letter bonuses are only 35 points in the popular app but 50 points in the board game that inspired it. A generational pissing match ensues, pitting Coke against Coke Zero and convenient store coffee against Starbucks.

Stars: Marissa Tomei, Selena Gomez and Mike Holmes

Channing Tatum

Jenga

Elevator pitch: Armageddon Meets Tetris

Plot: Set in Chicago in the summer of 2035, a trillionaire developer conceives a mega-condominium, quadruple the height of the CN Tower, assembled completely out of prefabricated modular units. Midway through construction the city is rocked by a 9.0 earthquake. A brave crew of super-crane operators from the army corp of engineers scramble to save the building from toppling by hoisting up the precariously balanced units and finding a new perch for them on the top.

Stars: Tim Allen, Channing Tatum and Mike Holmes

Trivial Pursuit

Elevator Pitch: Saw meets Jeopardy

Plot: After a producer gets canned from the game-show network, he turns into a psychopath and begins pursuing former quiz show contestants. When he captures them he toys with them by forcing his victims to answer moderately difficult trivial questions like who won the World Series in 1994? If they know the answer he lets them off with just a wedgie. But if they get it wrong, then it's game over.

Stars: Alex Trebek and Justin Bieber

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tickets to see Nickelback May 18th at the Credit Union Centre,
Saskatoon.
Gotta Be Somebody

Angelina Jolie and Brad Pitt ALL PHOTOS GETTY IMAGES

Brad finally puts a ring on it

After six children and seven years together, Brad Pitt and Angelina Jolie are engaged to be married, a rep for Pitt confirmed in a statement.

"Yes, it's confirmed. It is a promise for the future and their kids are very happy. There's no date set at this time," the rep says.

Pitt reportedly popped the question with a $250,000 ring, according to Us Weekly.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Diddy's uninvited house guest

THE WORD
Dorothy Robinson
scene@metronews.ca

A 30-year-old man has been arrested for trespassing at Sean "Diddy" Combs' East Hampton mansion, where he reportedly ate the hip-hop mogul's food, drank his liquor, tried on some of his clothes and then slept in his bed, according to TMZ.com.

Quamine Taylor, who reportedly has a history of mental illness, entered the vacant house through an unlocked basement door and was there for 24 hours before tripping an alarm.

But when police and an alarm company representative showed up, Taylor was able to convince them he had permission to be there. It wasn't until a caretaker arrived and called the police back that Taylor was arrested. Combs' rep had no comment.

Poor Quamine. If only someone had tipped him off that Combs' mansion was NOT a Notorious B&B, he wouldn't be in this mess.

ScarJo opens up on 'horrible' divorce

Though she describes her split from ex-husband Ryan Reynolds as "comically amicable," Scarlett Johansson admits she's still reeling from her divorce.

"Of course it's horrible. It was devastating. It really throws you," she tells Vogue. 'You think that your life is going to be one way, and then, for various reasons or whatever, it doesn't work out."

Johansson also acknowledges her post-divorce relationship with Sean Penn for the first time, saying, "We spent time together, yeah. I never put a title on it, really, but we were seeing each other."

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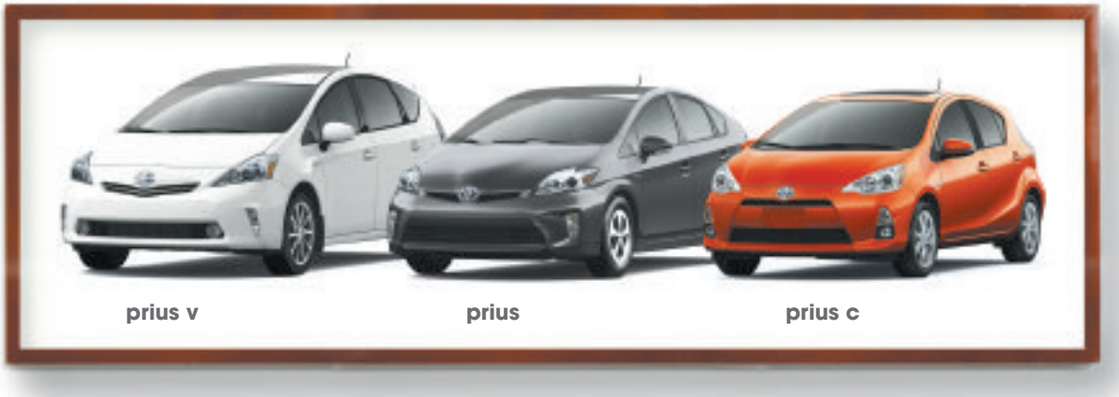

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age shown with a MSRP of $25,340. MSRPs do not include freight and PDI ($1,565), license, insurance, registration, applicable taxes, levies and fees. Dealer may sell for less.

3 LIFE

Girl power

Girl Guides gain business skills, self-esteem while selling cookies

Chocolate and vanilla sandwich cookies are on the menu as Girl Guides head out on their semi-annual selling spree. Girl Guide Cookies is the largest "girl-run" business in the country, Girl Guides of Canada said in a release. Each year more than 70,000 Girl Guides, from five-year-old Sparks to 18-year-old Rangers, gain financial literacy and business skills from selling cookies. Last year, members sold more than 112 million cookies, or 5,345,652 million boxes. "Each box of cookies sold supports dynamic Girl Guide programs and activities that encourage girls to develop their leadership potential, use their talents and push their boundaries while fostering their self-esteem," the organization said. THE CANADIAN PRESS

On the web

Fertility treatment bans in Europe drive future parents abroad, draw criticism

Just had a baby? Now munch on the placenta

Skin-care. More moms, including January Jones, are considering the benefits of their placenta, which many believe reduces the signs of aging and boosts energy levels

ROMINA MCGUINNESS
MWN in London, U.K.

Some mothers from all around the world have consumed their placenta for generations with little fanfare. Some say it's part of the natural process of giving birth that brings mother and child closer, others say it helps balance out hormones and fights postpartum depression, while some use it to fight aging.

But it was January Jones who made after-birth such a hot topic when she admitted that eating hers, post-baby, helped her get camera ready weeks after the delivery. And it's now not just consuming your own placenta for the benefits: beauty products are popping up with placenta as its main ingredient.

But some skin-care experts, such as Madonna's facialist, Michelle Peck, is skeptical.

"I'm not saying I'll never try placenta pills, I just need more convincing. I'd like to see more concise information to back the health claims," she says.

Mark Kristal, a behavioural neuroscientist at the University of Buffalo, agrees.

"Even though there are benefits to mammalian mothers that eat placenta at delivery, there is no scientific evidence that there are any benefits to humans."

He goes on to point out that all of the gushing reports about the benefits of placenta use have been based on anecdotes.

"I wouldn't recommend women take placenta pills, but that doesn't mean that at some time in the future, beneficial components might not be extracted or synthesized and administered medicinally," he adds.

Either way, the trend is picking up steam, and it's up to each mother to decide what's best for them.

If you're still sold...

- **Nihon Sofuken pig placenta face mask.** nihon-sofuken.co.jp
- **Renew Placenta skin whitener and anti-aging soap.** renewplacenta.com

- **Lanobelle sheep placenta anti wrinkle cream with Squalane and Vitamin E.** lanobelle.com
- **HASK placenta hair treatment.** sallybeauty.com

January Jones: Could placenta pills help you look like this? GETTY IMAGES

Yay or Nay

YES

PILLS: If you're curious about taking it orally, you won't have to worry about weird side-effects. "It causes no allergic reactions or fatalities in mothers," says New York-based skin-care expert Carole Burns. "The only women who aren't good candidates are those with hepatitis A,B, or C and HIV/Aids."

FACIALS: "You can take the dried powder and place it into a gentle base such as pure olive oil and put it on your skin. It's good for skin conditions such as eczema," says Jodie Selander, founder of PlacentaBenefits.info. Meanwhile, those who have tried the placenta facials offered in spas claim that the treatment hydrates skin, reduces sun damage and leaves skin glowing. Jennifer Lopez, is rumoured to be a big fan.

HAIR CAPSULES: It's packed with protein, which repairs damage from heat, colour and perms.

PLACENTA PILLS, FACIALS AND HAIR CAPSULES

ROMINA MCGUINNESS
MWN in London, U.K.

NO

PILLS: You have to have a baby to try them. Once removed after the birth, the placenta is then cleaned, cooked, dehydrated and made into capsules that mothers are required to take daily or anytime they're feeling run down. So you're basically eating your after-birth, which is a skeevy thought. Plus, the medical world isn't sure about the results yet.

FACIALS: Did we mention that the placenta in those spa facials comes from sheep?

HAIR CAPSULES: The after-birth is taken from sheep, pigs and ox, which could make for a creepy thought the next time you're slathering on the hair treatment in the middle of your bath.

Parenting

Kid on a leash?

CAROLYN DREBIN
Mommyish.com

Since having kids, I've been freaked out by traffic. Parking lots, busy streets, even driveways have become safety hazards for me when I'm out with my children. Usually we stick to the sidewalks, but not always. There have been numerous instances of waltzing through intersections, meandering along curbs and worst of all, weaving through parked cars.

When each boy started nursery school, they developed an insatiable appetite for freedom. The preferred destination? Parking lots. I remember picking up my eldest, now 9, from school and within seconds of leaving the building, he'd be heading straight into the carpool lane. Needless to say, the vice-grip-hand-hold became de rigueur. It was a phase he eventually grew out of — but not before teaching his younger brother exactly how it was done.

And so, by the time my second son, now 7, started nursery, he too hit the streets whenever possible. But with him, I was prepared. Doors would spring open and my hand would immediately go for his coat/knapsack/whatever body part I could grasp.

My quick-draw-McGraw reflex surprised even myself. But what was I going to do? Use a leash? No way.

I'd seen those parents. The relaxed ones. The ones walking through malls, airports, even parks, while their little ones meandered happily.

On their leashes.

Sometimes they wore full-on harnesses, though more often than not the leash was disguised as a backpack. I couldn't help but stare. And judge. These were children, not pets.

And then my 3 year old discovered the joys of the open roads. When he dashed into the school parking lot the first time, I chased him. The second time, I grabbed him. He soon learned to walk by my side or, in worst-case scenarios, find himself thrown over my shoulder.

And then a few weeks ago he disappeared. My husband and I had taken separate cars to a party. My son insisted on going home with his daddy, so I left. Moments later my man called, asking me if I'd taken our youngest son home. Luckily, the mad dasher was found by a lovely woman.

I'm now reconsidering my view on the leash.

Hearty, healthy and light

This recipe serves six. THE ASSOCIATED PRESS H/O

German Pork Stew. You don't have to ruin your diet to enjoy a hearty meal

It's still cold out. You want something hearty. But you're also trying to eat better and don't want to ruin your diet by diving into a cream-laden casserole.

A lean stew may be just the thing you need. Instead of being heavy, it's hearty with virtuous veggies, lean protein and warm seasonings.

1. Cut tenderloin into slices 4 cm (1 1/2 inches) thick. In a bowl, toss sliced pork with olive oil.

2. Heat a large saucepan over medium-high. Add pork and brown, 2 to 3 minutes per side. It does not need to cook through. Add onion and leeks and continue to cook until vegetables soften and begin to brown, 5 to 6 minutes.

3. Add caraway seeds, fennel seeds, celery seeds, mustard, black pepper, orange zest, orange juice and chicken broth. Bring to a boil, cover and reduce heat to maintain a simmer. Cook until pork is very tender, 15 to 20 minutes.

4. When pork is tender, use a slotted spoon to remove meat from liquid. Using 2 forks, shred pork to bite-size chunks, then return it to the pot. Add sweet potato, cabbage and celery. Continue to simmer until vegetables are tender, about 15 minutes. Season with salt.

5. In a small bowl, stir together yogurt, ketchup and relish. Serve stew topped with a dollop of the yogurt mixture and a sprinkling of fresh dill.

THE ASSOCIATED PRESS

Ingredients

- 500 g (1 lb) pork tenderloin, trimmed of fat
- 5 ml (1 tsp) olive oil
- 1 medium yellow onion, diced
- 2 leeks, white parts only, sliced
- 10 ml (2 tsp) caraway seeds, crushed
- 5 ml (1 tsp) fennel seeds, crushed
- 1 ml (1/4 tsp) celery seeds
- 15 ml (1 tbsp) Dijon mustard
- 5 ml (1 tsp) ground black pepper
- Zest and juice of 1 orange
- 1 l (4 cups) low-sodium chicken broth
- 1 large sweet potato, peeled and diced
- 375 ml (1 1/2 cups) shredded cabbage
- 2 stalks celery, diced
- Salt, to taste
- 125 ml (1/2 cup) fat-free plain Greek-style yogurt
- 30 ml (2 tbsp) ketchup
- 30 ml (2 tbsp) sweet pickle relish
- Chopped fresh dill, to garnish

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit rosereisman.com

Many people turn to Tim Hortons for a quick lunch, but the wrong choice can pack a real sodium punch. Here's what to watch for.

Ham and Swiss Sandwich

370 calories / 11 g fat / 1,180 mg sodium
This classic sandwich consists of salt-filled smoked ham and Swiss cheese, which is the reason you're getting ¾ of a day's worth of sodium. The ranch dressing also added increases the calories and fat.

Equivalent

Equivalent to almost two boxes of Triscuit crackers in sodium.

BBQ Chicken Wrap

190 calories / 4.5 g fat / 630 mg sodium
Grilled chicken with BBQ sauce gives you half the calories, fat and sodium.

Pork Burgers with Mango Salsa. Fresh and flavourful on the grill

This recipe serves four. THE CANADIAN PRESS H/O

Ingredients

- 1 onion, grated
- 30 ml (2 tbsp) mango chutney
- 2 cloves garlic, grated
- 30 ml (2 tbsp) chopped fresh oregano or 10 ml (2 tsp) dried oregano
- 1 ml (1/4 tsp) freshly ground black pepper
- 500 g (1 lb) lean ground pork

Mango Salsa

- 1 mango, peeled, pitted and diced
- 1 jalapeno pepper, seeded and minced
- Half red bell pepper, diced
- 30 ml (2 tbsp) chopped fresh cilantro
- 1 small clove garlic, minced
- 2 ml (1/2 tsp) grated lime rind
- 30 ml (2 tbsp) lime juice
- Pinch salt

Salsa: In a bowl, combine mango, jalapeno, red pepper, cilantro, garlic, lime rind and juice, and salt. Cover and refrigerate for up to 4 hours.

Burgers: In a large bowl, combine onion, chutney, garlic, oregano and pepper. Add pork and, using hands, mix together until well distributed. Shape into 4 patties, each about 2.5 cm (1 inch) thick. Place burgers on greased grill over medium-high heat (or under broiler) and grill, turning once, for about 15 minutes or until no longer pink inside. Serve topped with salsa.

ONTARIO PORK/THE CANADIAN PRESS

Chipotle peppers add heat to Mexican pasta and pork

Pay no attention to the many shelves of faux salsas (blueberry-pineapple? Really?) and shove aside all those cans of low-fat, low-sodium, no-flavour refried beans.

For this week's underappreciated ingredient, you will need to dig a bit deeper into your grocer's Hispanic section. Your goal? Mexico's gift to high-flavour cooking — chipotle peppers in adobo sauce.

Typically sold in 199-gram (7-ounce) cans, these not entirely attractive (truth is, they look a bit prune-like) peppers pack gobs of smoky, chocolaty, slightly sweet piquancy.

This weeknight meal comes together and has a kick of heat and smokiness from the chipotle pepper and adobo sauce.

1. In large pot of boiling salted water, cook pasta for about 10 minutes or until tender but firm. Drain well and return to pot, drizzle with olive oil, then toss and set aside.

2. Meanwhile, in a food processor, combine barbecue sauce, chipotle, adobo sauce and lime juice. Process until smooth. Add pork, then pulse until well chopped, but not ground. Set aside.

3. In a large skillet over medium-high, heat canola oil. Add onion and pepper and sauté for 6 minutes. Add pork mixture and simmer for about 6 minutes or until pork is no longer pink inside and sauce thickens.

4. Serve pork over pasta. Top each serving with a dollop of sour cream and a sprinkle of chives.

THE ASSOCIATED PRESS/ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA)

Ingredients

- 340 g (12 oz) pappardelle pasta
- 7 ml (1/2 tbsp) olive oil
- 250 ml (1 cup) prepared barbecue sauce
- 1 canned chipotle pepper in adobo sauce
- 5 ml (1 tsp) adobo sauce
- 5 ml (1 tsp) lime juice
- 500 g (1 lb) boneless pork loin chops
- 15 ml (1 tbsp) canola oil
- 1 yellow onion, diced
- 1 red bell pepper, diced
- Sour cream
- Chopped fresh chives

Chipotle Barbecue Porky Pappardelle

This recipe serves four. MATTHEW MEAD/THE ASSOCIATED PRESS

Smaller power grid, surer power

Go smarter, go smaller. The future is now with the advent of microgrids that will replace aging infrastructure

BEN KNIGHT
life@metronews.ca

One of the biggest problems facing our current electrical grid is its sheer size. Continent-spanning transmission grids require huge amounts of aging infrastructure, and waste eight per cent of all electrical power just moving it from one place to another.

The brilliant and imminent solution? Go smarter — and smaller.

"The whole idea of smart microgrids basically came to the fore when the utilities started looking at the possibility of overhauling their systems with new technologies and approaches," says Dr. Hassan Farhangi, director of the Group for Advanced Information Technologies at the British Columbia Institute of Technology (BCIT).

Numbers

67%

Amount of energy wasted as heat when carbon-based fuel is converted into electricity at a conventional power plant.

"One of the most important aspects of microgrids is service surety. You have a level of reliability that is unprecedented."

A smart microgrid is small and self-contained. It can include its own generation capacity — solar or wind, most likely. While it is connected to the larger grid, it will — in the near future — be able to function on its own.

"BCIT has a large campus in Burnaby with over 60 buildings," Farhangi says. "For the last five years, we have worked to convert this campus into a smart microgrid. The skeleton of a smart microgrid is already operating on campus."

The work is still in progress. BCIT consumes six megawatts annually, and is presently producing less than one. But all the technology needed to take this forward already exists.

"Microgrids are really a convergence of information technology, communications technology and power systems. These existing technologies need to be re-engineered and repurposed for application within a microgrid."

The potential savings are impressive. Farhangi notes that, in a conventional fossil-fuel generating plant, only 33 per cent of the available energy is actually converted into electricity. In a vastly smaller microgrid, this lost heat can be captured.

"Like any electrical system, microgrids are not immune from the well-known faults that you can have," he explains. "But the beauty of this is that any fault that happens is contained locally, and does not contribute to a domino-style of catastrophe across the entire system. If something happens, it's local and you deal with it locally."

For now, this is mostly in the future. But it's a future that will be arriving soon.

"Microgrids are up and coming," Farhangi says. "And investment across the country will be growing."

For more information of smaller power grids, check out smart-microgrid.ca. ISTOCK PHOTOS

Queen of Green

Something borrowed, something green

QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

What can I do with my old wedding dress?
Jackie of Vancouver

Have you ever heard of upcycling? It's a form of recycling. You take something that you might have otherwise thrown out and find a way to make it new again. First, take your old dress and have it wet-cleaned — dry cleaning's greener cousin that doesn't use harsh chemical solvents. Then find a seamstress to update the style.

A good seamstress can shorten or dye your dress after the big day so it can be worn again. If your dress is quite dated, perhaps there are only components that might be re-purposed, like the skirt or veil.

If your dress is from a more recent era, check out SmartBrideBoutique.com (@Smartbride on Twitter).

They consign dresses online, making it easy to find a home for your old dress or shop for a new one.

Today's green brides can also choose from eco-friendly organic cotton, linen, vintage lace or silk. And locally produced is best. Dresses labelled Made in the U.S. or Europe may actually originate somewhere else.

They just get shipped to the claimed location for "finishing." Look for a label sewn in. And choose eco-friendlier silks — they're less processed and rougher in texture.

Peace silks are often the most sustainable.

The moth leaves its cocoon and lives out the last five days of its 70-day life cycle. The silk is collected and woven on hand looms, mostly throughout northern India.

Many small villagers still harvest wild silks — often a natural golden colour.

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CLUE TO WIN:
Kipling
Listen to 94.5 Jack FM at 7:40am to play $1000 Minute. Answer 10 questions correctly in 60 seconds and win $1000. This clue will be an answer for one of the questions in tomorrow's game.

A Hollywood legend on surviving through constant change

Debbie Reynolds.
At 80, she's learned something about getting the most out of life at any age

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Debbie Reynolds' career as an actress and singer has spanned six successful decades. Now as she turns 80 she is still entertaining and will be coming to Toronto on May 3rd to be the guest speaker at the March of Dimes Ability and Beyond Gala. As she looks back on her life and career, she says resiliency and being able to adapt are keys to long-term success.

"I think I am most proud of my ability to survive and live through each changing decade."

"America's Sweetheart" burst onto the Hollywood scene in the 1950's after leading roles in the musicals Singing in the Rain and Tammy and the Bachelor. As her star rapidly climbed in Hollywood, her marriage to singer Eddie Fisher famously dissolved after he fell in love with Elizabeth Taylor. Two more marriages over the years would end, leaving her in financial ruin.

"I constantly had to adapt, have patience and love to get through each challenging era and to maintain my sanity!"

She also took care of her family members as they aged and grew ill.

"My grandmother and mother started getting ill, having seizures and heart trouble, so I began to take care of her. I looked after my mother-in-law until she was 97 and my drama coach until 96. If people can stay in their own familiar, loving surroundings, they do much better than if they're feeling abandoned. And that is what March of Dimes does for the in their homes. On May 3rd we'll share our experiences and our happiness, our trials, our tribulations and be together for that moment in life, and I think we'll all come out better and we'll have a wonderful time."

Reynolds' marriage to singer Eddie Fisher was famously ended by his affair with Elizabeth Taylor, left. ASSOCIATED PRESS/FILE

Debbie Reynolds, at 80 years old, is still performing. H/O

Long career

- **Three stars** on the Hollywood Walk of Fame
- **1965** Best actress Oscar nomination for The Unsinkable Molly Brown
- **1974** Actors Fund Award for outstanding performance in Irene
- **2004** American Casino Legends Hall of Fame induction

Registration deadline has been extended!

IAAP Regina Chapter

IAAP Regina Spring Seminar

April 24, 2012 · 8:00am - 4:00pm

Travelodge Hotel & Conference Centre
4177 Albert Street, Regina, SK

Registration
IAAP Members: $200
Non-members: $250

Fees include coffee breaks and buffets for breakfast and lunch.

To learn more about the presentations and how to register, check out our website: www.iaapregina.ca

Only 60 seats available!

Celebrate Administrative Professionals Week (April 22 to 28, 2012) with a full day of educational sessions geared towards administrative assistants.

Regan Seidler, U of R Centre for Continuing Education

Better Letters: 3 Hours to Improving Business Communication

Alyssa Daku, City of Regina Certified Information Privacy Professional

Strategies for Process Improvement: Coping in the Hybrid Record Environment

OFFICE MANAGER

Reporting to the Sales/General Manager, Metro Regina, the right candidate will carry out a range of administrative and operational tasks related to the daily operations of the business in the Metro Regina operation. As well as provide operational and executive support to the Sales/General Manager, Metro Regina and any additional administrative support as directed.

PRIMARY RESPONSIBILITIES:

- Responsible for all administrative projects as assigned
- Responsible for the general daily office operations
- Assist in maintenance and control of the office budget
- Oversee the monthly purchases of office supplies and send required accruals to Metro English Canada
- Recommend and manage office furniture purchases, office supply purchases and all maintenance issues/requests
- General reception duties and Customer service requests
- Oversee couriers and mail; both incoming and outgoing
- Responsible for prompt office maintenance and repair work
- Supervise the implementation of new office systems from various shared service departments
- Review and update health and safety policies; coordinate with JHSC
- Responsible for maintaining accurate staff lists and directories
- Answering telephones, call screening and forwarding
- Deal with complex queries and complaints, by email, phone and in person
- Greet visitors and guests

REQUIREMENTS OF THE POSITION:

- 2-3 years of demonstrated success in a similar role
- Great organizational and time management skills
- Outstanding communication skills
- Intermediate knowledge of Microsoft Office - Word, Excel & Outlook
- Attention to details and thoroughness in the execution of tasks
- Must be a team player with a great, and we mean great, sense of humor

IInterested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than April 20, 2012. PLEASE QUOTE: "Office Manager - Regina" in the subject line. All submissions will be treated as confidential.

metro

4
SPORTS

Quoted

"We're approaching it that the 13 (healthy) guys we have now are who we're going to have the rest of the season and in the playoffs."

Orlando Magic coach Stan Van Gundy saying Sunday that he's preparing to play the rest of the regular season and playoffs without Dwight Howard. The star centre missed his fourth straight game with a back injury Sunday, a 100-84 Magic win over the Cleveland Cavaliers. He was diagnosed with a herniated disk last week. Howard will rest the injury for 10 days and then be re-evaluated. Van Gundy said before Sunday's game that he would consider it a bonus if Howard or forward Hedo Turkoglu, who is sidelined with a facial fracture, return at some point this season.

On the web

The Roger Clemens perjury trial is set to return to court Monday, nine months after prosecutors made a gaffe that led to a mistrial. U.S. Judge Reggie Walton said it was a mistake even a "first-year law student" wouldn't make. Scan the code for the story.

Pittsburgh's Sidney Crosby squares off with Kimmo Timonen in Philadelphia on Sunday. BRUCE BENNETT/GETTY IMAGES

Flyers grab Pens by scruff of the neck

NHL. Briere, Read, Talbot each score twice as Philly puts Pittsburgh on brink of elimination

Fists were flying faster than shots on goal. Sidney Crosby and Claude Giroux even became knotted in the pushing and shoving, a pair of stars willing to mix it up to prove which team was the baddest on the ice and the scoreboard.

The Penguins and Flyers talked trash, laid the smack down, and played one wildly entertaining game. The result was still the same. The Flyers rallied from another early deficit for a Game 3 win that put them on the brink of a sweep.

Game 3

8	4
Flyers	Penguins

Danny Briere, Matt Read and Max Talbot each scored twice to lead Philadelphia to an 8-4 win over Pittsburgh on Sunday.

Giroux and Wayne Simmonds also scored to help the Flyers take a 3-0 lead in the combustible best-of-seven series. Game 4 is Wednesday in Philadelphia. The Flyers scored 20 goals in the first three games.

"Our goal is to finish it right away," Briere said.

Quoted

"You can make a story all you want about us getting frustrated. They're doing the same things we are. It's intense."

Penguins captain Sidney Crosby, insisting his team isn't getting rattled in the physical series.

The goals might be hard to find on a highlight reel. Three players were tossed in the first period. There was a rare fight between superstars when Crosby squared off against Giroux.

No one got the better end of that scrap. But by the end, Flyers fans serenaded the Penguins with chants of "you can't beat us!"

"All three games were kind of weird games," Giroux said. "I guess I like weird games because we always finish by winning."

Jordan Staal and James Neal scored twice for the Penguins. Marc-Andre Fleury was benched after allowing six goals in two periods. He has allowed a whopping 17 goals through Game 3. Coach Dan Bylsma said Fleury would start, "the next four games."

Hard to imagine at this rate, especially with NHL scoring leader Evgeni Malkin yet to score a goal for the Penguins.

THE ASSOCIATED PRESS

NHL

Blues turn to Elliot with Halak ailing after hit

Star goalie Jaroslav Halak will miss Game 3 of the St. Louis Blues first-round series against the San Jose Sharks because of a lower-body injury.

Coach Ken Hitchcock ruled Halak out of Monday night's game in San Jose because of the hard hit he took from teammate Barret Jackman in the second period Saturday night in a St. Louis' 3-0 win that tied the series at a game apiece.

THE ASSOCIATED PRESS

Jaroslav Halak is tended to by a Blues trainer on Saturday. CHRIS LEE/ ST. LOUIS POST-DISPATCH/THE ASSOCIATED PRESS

NBA

Heat handle Knicks in Big Apple

The Miami Heat finally came to Madison Square Garden, a sea of orange surrounding them in what looked like a playoff game.

LeBron James had 29 points and 10 rebounds, Dwyane Wade added 28 points and nine boards, and the Heat overcame Carmelo Anthony's 42 points to beat the New York Knicks 93-85 on Sunday to clinch the Southeast Division title.

The Heat's lone game in New York came with the compressed regular season coming to a close — and with the chance they'll be back to face the Knicks for the playoffs soon.

THE ASSOCIATED PRESS

Weber's goal silences Red Wings faithful

Drew Miller runs into goalie Pekka Rinne, Sunday, in Detroit. CARLOS OSORIO/THE ASSOCIATED PRESS

Shea Weber knew he wouldn't be popular in the Motor City.

The star defenceman didn't really care, he just wanted to win.

Weber turned boos into silence with a goal early in the first period and the Nashville Predators held on to beat the Detroit Red Wings 3-2 Sunday to take a 2-1 lead in the first-round series.

"I guess we're more focused on the game," he said.

Weber was jeered every time he touched the puck for smashing Henrik Zetterberg's face into glass at the end of Game 1.

Game 3

3	2
Predators	Red Wings

"We talk about great players when there's a little bit of controversy stepping up," Nashville coach Barry Trotz said. "When he came to the rink, he knew he wasn't going to be the most likable player in the arena."

Weber's goal snapped Nashville's 0-for-12 streak on the power play against the Red Wings in the series and helped the franchise end its 0-for-6 skid in playoff games against them on the road.

The Predators, who are in their 13th NHL season, advanced in the playoffs last year for the first time and are trying to get past the Red Wings after being eliminated by them in 2008 and 2004.

Just when it looked like the Red Wings were finished off for sure in Game 3, Zetterberg scored with 54 seconds left to pull the Red Wings within one, but they couldn't force overtime.

THE ASSOCIATED PRESS

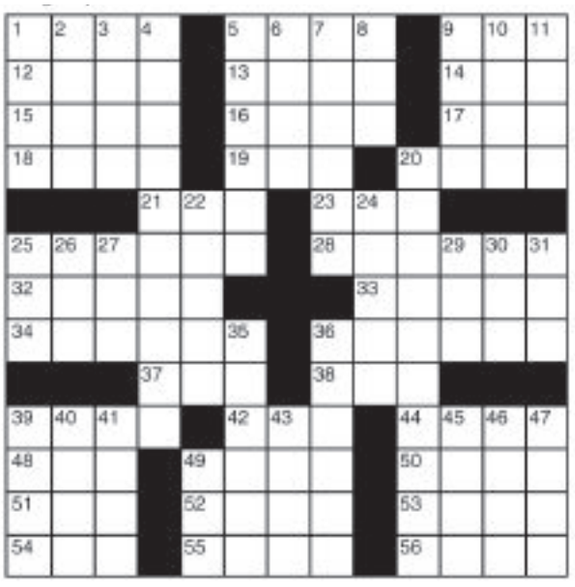
Crossword

Across

1 Tobacco plug
5 Pumps up the volume
9 DIY buy
12 Stereo hookup
13 Gambling game
14 Account acronym
15 Astronaut Shepard
16 Dingy
17 Victory
18 "L'Etoile du —" (Minnesota motto)
19 Attention getter
20 Carlton of baseball
21 Afternoon affair
23 Ostrich's cousin
25 Investor's hope
28 Arouse bitterness
32 Expiate
33 Norma Rae's group
34 From that place
36 Boulevard
37 Greek H
38 Moray
39 Earth
42 Paving material
44 Food starch, for short
48 Possess
49 Grand-scale
50 Pavarotti offering
51 3 on the phone
52 Part of Q.E.D.
53 Benevolent
54 Big bother
55 Phoenician port city
56 Advantage

Down

1 Earl Derr Biggers sleuth
2 Hawaiian city
3 Distant
4 Air-flow channel
5 Hound type
6 Stallion's companion
7 Orison
8 Sauce source
9 Fuzzy fruit
10 Eye part
11 Cistern
20 Batter treat
22 Upright
24 Shade of purple
25 Snitch
26 Biblical verb suffix
27 Pirouette pivot
29 Reunion group
30 Costello or Ferrigno
31 Away from WSW
35 Diner
36 Make bubbly
39 Six-pack, often
40 Yet to be paid
41 Data
43 Culture medium
45 Saharan
46 Pugilism venue
47 Commanded
49 Encountered

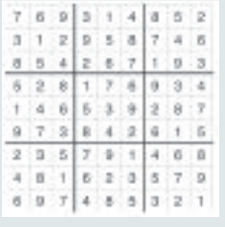


Sudoku

		3				6		
		5	2		7	3		
6				4				9
	3	7	4		2	5	1	
	2	8	6		9	7	3	
3				9				8
		9	8		1	2		
		6				1		

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Yesterday's Crossword

Cryptoquip

How to play
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

XSI ZWMBJ MX IKMBK ZDEP BDXR YUJS U OSHUIUC HKPDEOK U ZMPSLWUBS ZPUYS: "HKS OPUHS SRBULS."

Yesterday's Cryptoquip: MUSICAL MARCH THAT COMMEMORATES SAILORS AND FOODSTUFF FROM SHEEP: "TARS AND TRIPES FOREVER."

Today's Cryptoquip Clue: K equals H

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

Aries | March 21 - April 20. You will be remarkably fired up this week. Both in your personal life and in your work you will be energetic and enthusiastic.

Taurus | April 21 - May 21. You favor routines and methods you feel comfortable with but you will need to be a bit more adventurous over the next few days.

Gemini | May 22 - June 20. This should be a really fun time for you, especially if you are ready to take a few risks in your private life.

Cancer | June 21 - July 22. No one works harder than you, but are you working for yourself or are you working for other people?

Leo | July 23 - Aug. 22. You enjoy taking risks, it gives you a buzz, and with mind planet Mercury moving in your favor today you will be looking round for new ways to push the envelope.

Virgo | Aug. 23 - Sept. 22. You need to be a bit more assertive when dealing with family issues and financial matters.

Libra | Sept. 23 - Oct. 22. Anyone who annoys you this coming week is likely to find themselves on the receiving end of a tongue-lashing.

Scorpio | Oct. 23 - Nov. 21. If you see an opportunity today you must seize it immediately.

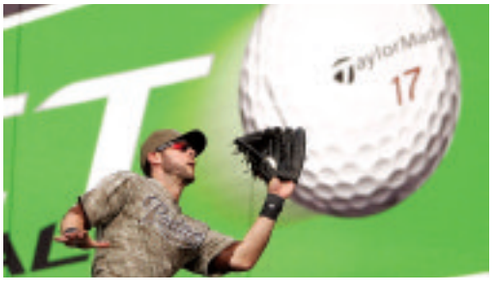
Sagittarius | Nov. 22 - Dec. 21. You're in a dynamic mood at the moment and you really don't care whose toes you tread on.

Capricorn | Dec. 22 - Jan 20. Something unexpected will happen today, something you did not plan for.

Aquarius | Jan. 21 - Feb 18. Don't let anyone persuade you to abandon the path you have chosen to take.

Pisces | Feb. 19 - March 20. You are very much on the ball at the moment and determined to make every minute count.

SALLY BROMPTON

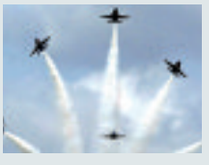


Caption Contest

"Whoa i gotta get my eyes checked! There's no way i should have missed that one!"
Brian

GREGORY BULL/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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